

FMI Newsletter Christmas 2025

Dear everyone,

We greet you from Tabora with this encouraging well known verse for Christmas from Isaiah 40 from verse 28.

'The Lord is the everlasting God, the creator of all the Earth. He gives power to the weak and strengths to the powerless.'

This is the core of what we believe, and what we share here in Tabora and we as Christians anywhere.

Familia Moja, like the rest of Tanzania and the rest of the world, has seen many up and down times over the last few years.

Things that we never thought would change have changed, and things we thought were guaranteed and stable have become a problem or not even attainable.

And the more we might be shaken by the changes in the outside world , the more we as Familia Moja have noticed God's hand more and more in our lives and in the work of Familia moja. :
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Powerless ?

Our daily 'bread' is called ugali made from maize flour and water. **Meet 4 year old Christopher**, who was orphaned at birth 4 years ago leaving him and 2 siblings (and 3 cousins that were also left) to granny' s sole care. He was 'adopted' by Familia Moja , so his granny could give him formula, etc as well as receiving basic foods so he and his siblings could survive. We still support them all.



Weak?

Meet Lukas

who fell down a mango tree in an epileptic fit and broke his neck. He miraculously recovered from his quadriplegia over 1-2 years with our help (mostly God's of course) Since the fall we have helped him attend epileptic clinics and paid for his expensive complicated antiepileptic treatment. Here is his mother giving him his daily medications.

....also how to continue to provide essential medications and occasional hospital visits/treatments for over 30 times every month.

That we could and at present can is **thanks only to all your faithful support** and the Grace of God. And a miracle to us under the present circumstances.

For despite many odds **we are still functioning** and **able to provide help to many families**

for basic foods,

and medical help, (medication, tests , hospital outpatient appointments , admissions)

This has been really our main challenge over the last 2 years: how to continue to provide the basic dry food supplies including 20 kg maize, beans, sugar, dried fishes, etc that we give to still monthly to 165 people. And....

Meet Eva

Eva is an elderly lady who we have been looking after for many years. For 4 years she has been bedbound with a very severe form of polyarthritis and neuropathy, which most likely is due to her daily strong medication. We provide strong pain relief, basic and fresh food and nursing aid.



Meet Emanuel with his mother:



We have looked after Emannuel also for over 17 years. We give and provide his monthly antipsychotic medication as well as providing staple foods, clothes etc so his mother (sole carer) can continue to look after him.

**May the Lord bless you all
and keep you well
this Christmas and New year**

In gratitude Familia Moja Itetemia

Ruth , Rahabu, Samweli, Mama Ndugu,
Neema, Mama Samweli, Samweli George,
Stephano, Simon and Hussein.

We also continue to provide:

shelter for older people and children (hostel),

Empowerment of / income generation for women who are widowed and infected with HIV.

[every year] basic school uniform and school supplies for single parent families or orphans that would otherwise not be able to go to school.

We were not able to dig any new rainwater collection ponds in the last 2 years, but they (31 ponds) remain central to our holistic outreach. We monitor them and their use in the communities they have been dug for monthly.

